

Washing machines are such helpful inventions, but perhaps we expect too much of them from time to time. After all, don't many of us just toss our smelly, dirty clothes in them with a healthy pour of detergent, expecting them to come out perfectly clean and pleasant-smelling every time?

Unfortunately, washing machines aren't magical – if you want your clothes to continue in their pristine state, you might have to adjust your washing habits just slightly.

Ever had your favorite shirt or workout top come out of the dryer smelling slightly off, no matter how many times you wash it? Athletic clothes in particular come out with a sour scent frequently, since they collect a lot of your sweat over time. Even the antimicrobial, high-quality workout products are not immune from getting smelly after many uses.

The first thing you should do is make sure that your washing machine is clean. If you frequently leave wet clothes in it overnight, there is a chance that it has a musty, mildew smell. To clean it out, fill the chamber with hot water and 2 cups of